

CURRICULUM VITAE

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BRIEF CURRICULUM VITAE

I am currently employed as a Consultant Psychiatrist in Neuropsychiatry at South West London and St George's Mental Health NHS Trust and as an Honorary Senior Lecturer by St George's Hospital Medical School London. I am based at the St George's Hospital, London. My current responsibilities include Neuropsychiatry services to the Regional Neurosciences Centre based at Atkinson Morley Wing of St George's Hospital, London and the Wolfson Neurorehabilitation Centre, Wimbledon. I am a fully qualified Medical Practitioner on the Specialist register of GMC. I am qualified as a General Psychiatrist and Liaison Psychiatrist with special interests in the field of Neuropsychiatry, Affective disorder, Somatoform disorders and Dissociated disorders. I have a particular interest in Neuropsychiatric disorders following Traumatic Brain Injuries and Neurological illnesses.

I am a member of the Royal College of Psychiatrists, British Neuropsychiatric association, American Neuropsychiatric association and International Neuropsychiatric Association. I have in addition, academic qualifications, Doctor of Medicine in Psychiatry (MD) and Master of Science in Psychological medicine (MSc) with distinction. I am approved in accordance with section 12 of the mental health act (1983). I am trained in medical ethics and evidence based medicine. I am a member of the Wandsworth research ethics committee, which is involved in scrutinising all the local research. I organise the St George's MRCPsych Part I course (day release course, necessary for training of all the psychiatrists). I am regularly involved in teaching undergraduate and postgraduate medical students and other professionals on Neuropsychiatry and have published several scientific papers. I organise biannual Neuropsychiatry Educational Forum and edit The Blue Book.

I have over 9 years of experience in preparation of medical legal reports. I have received instructions from solicitors acting on behalf of defendants, claimants and as a joint expert. A majority of my most recent instructions have been as a single joint expert.

PERSONAL

Date of Birth: 15th July 1968
Nationality: British
GMC Registration: 4592042
MPS Membership Number: 301956
BMA Membership Number: 7865751

CURRENT POST

Consultant Neuropsychiatrist at St George's Hospital Medical School, London (since 1st July 2003).

Honorary Senior Lecturer, St George's, University of London (since 1st July 2003).

PROFESSIONAL QUALIFICATIONS

MBBS: Nov.1991. King George's Medical College, Lucknow, India.

MRCPsych: December 1999

Approved under Section 12(2) Mental Health Act – January 2000

CCST General Adult & Liaison Psychiatry – 1st April 2003.

Diploma in Cognitive Behavioural Therapy (Dip CBT) - 2004.

ACADEMIC QUALIFICATIONS

MD in Psychiatry (Jan. 1993 – Dec. 1995)

All India Institute of Medical Sciences (AIIMS), New Delhi India.

MSc in Psychological Medicine with distinction (1996 – 2000)

University of Wales College of Medicine, Cardiff.

AWARDS & DISTINCTION

Awarded **National Merit Scholarship** for 2 years (1983 – 1985).

Certificate of Merit in Paediatrics in 1990.

Awarded **MSc in Psychological Medicine with Distinction** by University of Wales 2001.

OTHER RESPONSIBILITIES

Member of Wandsworth Research Ethics Committee (since 01.10.2003)

MRCPsych Part I Course Organiser, St George's training scheme (since 01.06.2005)

Organiser of Neuropsychiatry Educational Forum – It is a voluntary forum created and run by myself with the help of a recurrent funding from a charity “Institute of Social Psychiatry”. This forum offers neuropsychiatry related education twice a year (in partnership with CEPFF). There are free places available for trainees and allied staff. (since December’ 2005).

Editor of “The Blue Book” – This is a publication of the South West London & St George’s MH NHS Trust. A new edition is published every 6 months. (since October’ 2003).

Member of the educational committee of the International Neuropsychiatric Association.

Member of the educational committee of the Special Interest Group in Neuropsychiatry (SIGN) at the Royal College of Psychiatrists.

PROFESSIONAL MEMBERSHIPS

1. Member of the Royal College of Psychiatrists, London.
2. Member of the British Neuropsychiatric Association.
3. Member of the American Neuropsychiatric Association.
4. Member of the International Psychiatric Association.
5. Member of the British Medical Association.
6. Member of the British-Indian Psychiatric Association.
7. Member of the Indian Psychiatric Society.

PROFESSIONAL TRAINING

Basic Psychiatric Training

Sep 1996 - Feb 1998 Mid Glamorgan Psychiatric Training Scheme, South Wales.

Mar1998 - Feb2000 St. George’s Basic Psychiatric Training scheme, London.

Higher Psychiatric Training

April 2000 – March 2003 - Imperial College Higher Psychiatric Training scheme

Including:

April 2000 – Mar 2001- **Clinical Research Fellow** at Imperial College, London.

Special Interest Sessions:

May 2000 – Mar 2001 Supervised **CBT** one session a week at West Middlesex University Hospital.

Oct 2000 – Mar 2002 **Honorary SpR in Neuropsychiatry (Prof. M Kopelman)**, one session a week, at St Thomas's Hospital London.

April 2002 – 2003 **Honorary Clinical Assistant in Neuropsychiatry (Prof. Maria Ron)**, one day a week at National Hospital for Neurology & Neurosurgery, Queen Square, London.

May 2002 – Aug 2002 **Neuroradiology** one session a week with Dr M Patel, Consultant Neuroradiologist at Charing Cross Hospital, London.

Oct 2002 – Oct 2002 **Neuropsychology** one session a week for a month with Antonio Incisa Neuropsychologist at National Hospital for Neurology & Neurosurgery, Queen Square, London.

CLINICAL APPOINTMENTS

April 2003 – June 2003 Locum Consultant Psychiatrists, Department of Psychological Medicine, Hammersmith Hospital London.

July 2003 onwards Consultant Neuropsychiatrist & Honorary Senior Lecturer, St George's Hospital, London.

ACADEMIC EXPERIENCE

Invited Speaker

1. I was a **Guest Lecturer** at **West Middlesex Final MB Exam preparation Course** held annually (2001 - 2003).
2. I invited for a **lecture at Barnet PCT** on "Psychological effects of Diabetes" to local GPs on 9th May '2002.
3. I was a regular speaker on the Guildford revision course for MRCPsych examination held Biannually.
4. I was an invited speaker on the Imperial college MRCPsych Part II course, UCL MRCPsych part I course, St George's MRCPsych part I & II courses.
5. Special interest group of Neuropsychiatry (SIGN) meeting, at The Royal college of Psychiatrists, April 2004 & Sept 2004.

6. "Non Epileptic fits" At the annual conference of the Royal college of Psychiatrists, Edinburgh, June 2005.
7. "Neuropsychiatry of Traumatic Brain Injury" at BSRM annual training day, Wimbledone 2005.
8. "Neuropsychiatry Training", at the Royal College of Psychiatrist, May 2006.
9. "Epilepsy in old age" Medicine for old age Psychiatrist, Royal Society of Medicine, September 2006.
10. "Aging to Dementia: Mild cognitive Impairment", Alzheimer centenary conference, AIIMS, New Delhi, November 2007.

Organising Training

1. **MRCPsych Part I Course organiser**, for St George's training scheme from June 2005.
2. **Organising Neuropsychiatry Educational Forum** in partnership with CEPPF with support from Institute of social Psychiatry.

Publications

Peer Reviewed

1. Jhingan H.P., **Agrawal N.**, Saxena S. & Gupta D.K. (2000) Multiple Personality disorder following conversion and dissociative disorder NOS: a case report, Indian Journal of Psychiatry, 42, 98 – 100.
2. Kishore C. & **Agrawal N.** (2001) Standing back from front, Human Givens, Vol 8, No 3, 38 – 39.
3. Stimpson N., **Agrawal, N.** & Lewis G. (2002) Randomised controlled trials investigating pharmacological and psychological interventions for Treatment Refractory Depression: A Systematic Review, British Journal of Psychiatry, 181: 284-294.
4. **Agrawal N** & Jhingan H P (2002) Life events and Depression in elderly. Indian Journal of Psychiatry, 44 (1) 35 – 40.
5. Stimpson NJ, Lewis G & **Agrawal N.** Treatment Refractory Depression. The efficacy of Psychological, Pharmacological and other interventions. Currently published as an abstract in Cochrane Collaboration. Full review to be published.
6. **Agrawal N.** (2003) Great brain robbery or robbing of opportunity, bmj.com, 31 Oct 2003.
7. **Agrawal N.** (2004) Evidence needed for treatment strategies in refractory depression. British Journal of Psychiatry. 184, 182.

8. **Agrawal N.** (2004) Neuropsychiatry. *BMJ Career Focus*, Jan 2004; 328: 35s - 36.
9. **Agrawal N.** & Hirsch S. (2004) Schizophrenia: Evidence for conceptualising it as a brain disease. *The Journal of Primary Prevention*, 24 (4) 437 – 444.
10. Mitchell AJ & **Agrawal N** (2004) Training in Neuropsychiatry: Necessary but not currently sufficient. *Liaison News*, The news letter of the liaison faculty of the Royal college of Psychiatrists, Summer 2004.
11. Aleman A, **Agrawal N**, Morgan KD, David AS. (2006) Insight in psychosis and neuropsychological functions: a meta-analysis. *British Journal of Psychiatry*.
12. **Agrawal N** & Mitchell A (2005) The National Service Framework for Long term conditions. *BMJ*, 330: 1280 – 81.
13. Mitchell A & **Agrawal N** (2005) Training in Neuropsychiatry: Time to re-integrate into mainstream Psychiatry. *Psychiatric Bulletin*, 29: 361 – 364.
14. Davies L, Stern JS, **Agrawal N** & Robertson MR (2006) A case series of patients with Tourette's syndrome in the United Kingdom treated with Aripiprazole. *Human Psychopharmacology*; 21: 1-7.
15. Jefferies K & Agrawal N (2006) Early Onset Dementia. CPD Online, The Royal College of Psychiatrists, London.
16. Jefferies K, Owino A, Richards H & **Agrawal N** (2007) Psychiatric disorders in neurology inpatients: Estimate of prevalence and usefulness of screening questionnaires. *JNNP*.
17. Govender S & Agrawal N (2007) Neuropsychiatry of Epilepsy. CPD Online, The Royal College of Psychiatrists, London.
18. Jefferies K & Agrawal N (2007) Neuropsychiatry of Stroke. CPD Online, The Royal College of Psychiatrists, London.

Book chapters

1. Bansal V. & **Agrawal N.** (1990), Eye Donation, *Ayurvigyan Pragati*. National medico's organisation publication, Patna, India – written as a final year medical student.
2. Kishore C., Verma S.K., Dhar P.L & **Agrawal N**, Psychological effects of vipassana on Tihar jail inmates, *Vipassana for reforms in prisons*, Vipassana research institute publication.
3. Wing J & **Agrawal N.** (2003) Concept and classification of schizophrenia. In *Schizophrenia*, Ed S. Hirsch & D. Weinberger, 2nd Edition.
4. **Agrawal N.** & Hirsch S. (2005) Psychiatry. In *Alarm Bells in Medicine*, BMJ Publications.

Book Review

1. **Agrawal N.** (2001), ABC of mental health, Eds Craig TKJ & Davies T, Imperial College School of Medicine Gazette, vol. 02:01, Dec 2001, page 38.

Book Editing

1. **The Blue Book:** Guidelines for the management of common/selected psychiatric emergencies and certain trust policies and procedures, Edited by **Agrawal N.** 6 monthly editions from 2003. South West London & St George's MH NHS Trust, London.
2. **Current Themes in Psychiatry:** 5th edition is currently being produced . I am the lead editor with Dr Jim Bolton & Dr Raghu Gaiind.

Peer reviewer

I have been peer reviewing articles for the following scientific Journals:

1. Cognitive Neuroscience
2. Journal of Neurology, Neurosurgery & Psychiatry
3. British Journal of Psychiatry
4. Journal of Affective Disorders

Grant reviewer

I have reviewed grant applications for **Parkinson Disease Society.**

Thesis

1. **“Life events and coping resources of elderly depressed patients”**, a case control study, accepted by AIIMS for award of MD Degree.
2. **“Systematic review of efficacy of Lithium Augmentation in the management of Treatment Resistant Depression”**, Supervised by Prof. Glyn Lewis, UWCM, Cardiff, accepted in Sept. 2000 by University of Wales for the award of MSc in Psychological Medicine with distinction.